



Let's Donate Pop Tabs to Help Families In-Need!

The little tab you pull to open your soda, soup or any other aluminum can makes a significant impact on Ronald McDonald House Charities of the Bluegrass (RMHC). Our House recycles the tabs and raises thousands of dollars each year to care for our Guest Families! Thanks in part to all those tabs, families with limited resources can stay at our House for little or no cost!

It's easy to get started!

This is a FUN project for schools as well as individuals and families! Save your tabs in any container you can find. Some examples are cleaned milk jugs, coffee or Pringles cans, Ziploc bags, boxes or plastic containers. Use your artistic talents to decorate your containers any way you like! RMHC also has cardboard "houses" if you would like to utilize those.

Tabs can be dropped off at RMHC any day between 7 am – 11 pm.

Thank you for your support of keeping families close to their sick children!

HAPPY COLLECTING!