



Ronald McDonald
House Charities®
of the Bluegrass

HOW YOU CAN HELP



PACK THE PANTRY

We always need food and other items to help *keep our home away from home a happy one*. Our [Wish List](#) is updated regularly with our current needs.



VOLUNTEER

We welcome *individual and group volunteers* at our House and Family Room year-round! Fill out this interest form to learn more.



TOILETRY KITS

Providing these basic items is a little way to share a big welcome to our families when they arrive at our House.

DOOR DECORATIONS

Create door decorations for our 21 guest room doors! These could say “Welcome,” “Have a Great Day,” or be themed for the season.

LUNCHES WITH LOVE

Provide non-perishable meals for families visiting our Family Room or Care Carts in Kentucky Children’s Hospital.

THINGS TO KEEP IN MIND

RMHC of the Bluegrass serves hundreds of guests a week across our programs. We have a diverse array of families and RMHC of the Bluegrass wants all families to feel welcome, so we ask that you **refrain from sharing religious content** when creating items for families. When possible, materials both in English and Spanish are appreciated.

Please drop-off items at the Ronald McDonald House, [1300 Sports Center Drive](#) (across from Kroger Field). **Donations are accepted every day between 8 AM and 8 PM.**

For more information, contact Jillian Pyatte at jpyatte@rmhclexington.org.

